

recognise the signs and

BEAT

ovarian cancer

ovacome..
the ovarian cancer support network

B is for **Bloating**

it's persistent and doesn't come and go

E is for **Eating**

difficulty eating and feeling full more quickly

A is for **Abdominal**

and pelvic pain you feel most days

T is for **Talking**

tell your GP

 **BEAT**
ovarian
cancer



Symptoms of ovarian cancer can vary from woman to woman and it is far more likely that these symptoms will be due to something less serious than ovarian cancer. If they persist, keep a diary of your symptoms for a couple of weeks and then talk to your GP.

To learn more about ovarian cancer or to support the work of Ovacome, please contact us on **0845 371 0554** or visit our website at **www.ovacome.org.uk/beat**