ovacome..

The ovarian cancer support charity

Ovacome online event participation agreement

By participating in an Ovacome online event, you agree to:

- Keep the discussions that happen within the event confidential.
  The only two exceptions to this are:
  *General feedback to loved ones (but please discuss this in a private space, not in public, and do not repeat any information which could identify any of the group members)
  *If anyone appears to be at risk of harm. In this situation, Ovacome would discuss the issue with the individual concerned after the group session and agree on any safeguarding action that may be required.

- Treat other participants with respect by:
  *listening to each other
  *giving everyone space to speak
  *remembering that we are all unique people who may have similar, but also different, experiences, which shape our views.

- Look after yourself by:
  *making sure you are comfortable in your environment – taking refreshment/comfort breaks whenever needed
  *stepping out of the group/switching off camera if anything is making you uncomfortable or distressed
  *only sharing the information you are happy to disclose
  *contacting Ovacome outside of the session if any individual support or follow-up information would be helpful

- To respect everyone's privacy we ask that when joining an online support group, please ensure you are in a private space where yourself and others on the call cannot be overheard. If you are not in a private space please use headphones; this is to protect everyone's privacy.